

Master Man-Son-Hing's

# THE RIGHT DEFENSE

FOR WOMEN

Self Defense Seminar

Saturday @ 9am

Over the course of 2 hours you will be put in real scenarios with professional trainers who will assume the role of the attackers. You will learn to fight back and gain the experience necessary to defend yourself in a real attack.

The seminar is presented by internationally recognized TaeKwonDo Master Christopher Man-Son-Hing. Master Chris has studied many forms of martial arts through his life and holds the rank of 5th Dan Black Belt in TaeKwondo and Hapkido.

As a recently retired law enforcement officer with over twenty years of experience, Master Chris has interviewed many female victims of assault. Master Chris will share his keen insights on what you can do to avoid being a victim.



Master Man-Son-Hing  
Tae Kwon Do Master  
Retired Law Enforcement Officer

***"Bulletproof your mind,  
know how to react when attacked, and  
give yourself a fighting chance."***

*Master Man-Son-Hing*

## WHEN:

Saturday  
9:00am-11:00am

## WHERE:

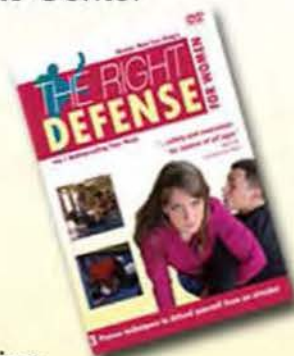
Located on Waters between Dale Mabry & Armenia  
Man-Son-Hing Martial Arts Center  
3307 W Waters Avenue  
Tampa, FL 33604

## HOW MUCH:

\$86

## WHAT:

30 minute orientation  
2 hours hands on education  
Free DVD for reference & practice  
Free shuttle from campus



Register online at [therightdefense.com](http://therightdefense.com)  
or call 813-936-KICK  
813-936-5425